

Name: \_\_\_\_\_

Hour \_\_\_\_\_

1 List the major function(s) each of the four lobes of the cerebrum are responsible for.

Frontal= \_\_\_\_\_

Parietal= \_\_\_\_\_

Occipital= \_\_\_\_\_

Temporal= \_\_\_\_\_

2 What is the amygdala in charge of? \_\_\_\_\_

3 List the 3 major parts of the brain.

a \_\_\_\_\_

b \_\_\_\_\_

c \_\_\_\_\_

4 Explain what an embolus is. \_\_\_\_\_

5 Explain what a thrombus is. \_\_\_\_\_

6 Which part of the brain is responsible for memory? \_\_\_\_\_

7 Explain what Atherosclerosis is made of in the wall of the arteries. \_\_\_\_\_

8 What part of the body is the CNS responsible for and what part of the body is the PNS responsible for?

CNS = \_\_\_\_\_

PNS = \_\_\_\_\_

9 Explain what respiration is. (Include the words: Oxygen and Carbon Dioxide) \_\_\_\_\_

10 Explain three ways caring for a child and caring for a dog are similar.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

11 Explain the difference between aerobic exercise and anaerobic exercise in terms related to length of time.

Aerobic: \_\_\_\_\_

Anaerobic: \_\_\_\_\_

12 Explain the difference between static and ballistic stretching.

Static: \_\_\_\_\_

Ballistic: \_\_\_\_\_

13 Explain the difference between atrophy and hypertrophy of a muscle.

Atrophy:

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Hypertrophy:

14 Which tumor is cancerous? Malignant or Benign (Circle One)

15 What is a tumor?

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16 Explain the difference between type 1 diabetes and type 2 diabetes.

Type 1:

Type 2:

17 Explain why a person's body needs some fat in their daily diet. ( 3 reasons)

1

2

3

18 Which of the following STD's may NOT have any signs or symptoms in males or females? (4 of the following)

Hepatitis B

Herpes Simplex Virus Type 2

Syphilis

Chlamydia

HPV(human papilloma virus- genital warts)

Gonorrhea

19 Every choice has a \_\_\_\_\_. (It is a result of a choice and could be positive or negative.)

20 Explain the difference between the terms sprain and strain.

21 A person with a positive self esteem and a positive attitude is known as an energizing person and is also know as a ...  
(circle one) \_\_\_\_\_ pessimist or optimist

22 Explain what empathy is.

23 Explain why it is important to understand your emotions and to learn how to control them.

24 If person "A" has just experienced a death in the family and person "D" says to them, "**Don't feel bad-** at least he lived a long life.", person "D" is saying which **myth** for grieving a loss?

25 Explain the difference between the eating disorders "Bulimia" and "Anorexia".

Anorexia:

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Bulimia:

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26 Explain the main reason why people have eating disorders. (Remember it is not about food.)

27 Explain the difference between a psychologist and a psychiatrist.

Psychologist:

Psychiatrist:

28 Explain the difference between schizophrenia and a phobia.

Schizophrenia:

Phobia:

29 Explain the difference between the Wheel of Power and Control and the Wheel of Equality.

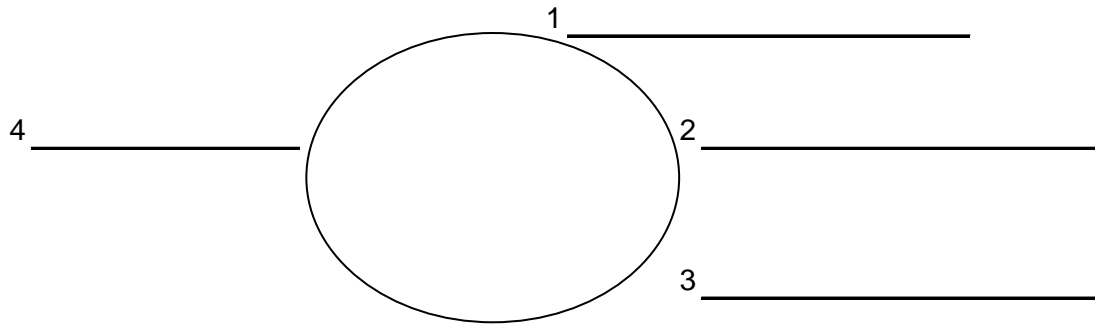
Power and Control:

Equality:

30 Complete the Cycle of Abuse.

Words to Use:

Honeymoon, Escalation, Incident, Apology



31 Explain one long term effect on the liver from excessive alcohol use.

32 Identify the major muscles in your body.

Biceps, Triceps, Gluteus Maximus, Quadriceps, Hamstrings, Gastrocnemius

on your own

33 List five ways to positively deal with stress.

a. \_\_\_\_\_

c. \_\_\_\_\_ e. \_\_\_\_\_

b. \_\_\_\_\_

d. \_\_\_\_\_

34 Explain one reason why I do not want my students to put others people down.

35 Explain two reasons why it is best for people to wait until they are out of high school or older to get married.

a.

b.

36 Explain three reasons why it is best for people to wait until **marriage** to be sexually active and to have a child.

a.

b.

c.

**List three or more pieces of information you learned this year in health class.**

1

2

3

You may add comments to the back if you would like.